



# The 21st Century Family System Approach: Trauma, the Stress Coping Paradigm, and Professional Responsibilities

## June 3 ■ 9:30am-12:45pm

*Presented by: Ward Blanchard, MA, MBA, CCS, LCAS*

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### Summary

The concept of how mental illness and/or SUDs “impacts the whole family” is a common therapeutic ideal most professionals have heard before; however, the professional community is rarely provided the information and education on the neurological changes identified patients, families, loved ones, or other caregivers experience when involved in a relationship with someone suffering from a mental illness or substance use disorder. Ward Blanchard’s presentation reviews the most up-to-date neurological findings in helping professionals understand what exactly the words “family system disease” means, what evidence based treatment options are most effective, and what role professionals play in the treatment of the family.



### Learning Objectives

- Learn the neuroscience involved with substance abuse, identified patients, and family members
- Understand how symptoms appear in family system Attendees will learn effective, evidence-based treatment approaches for treatment and communication with Family system
- Absorb: What are the roles of the professional with clients and families?
- Experience and learn exercises and activities they can employ with clients to help clients better understand family system recovery.



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