



# Shedding Light on Universal Truths: Clinical application working with the LGBTQI community

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NBCC  
HOURS

APPROVED



**October 21, 2022**  
**9:00am-3:30pm**

**Waypoint Recovery Center**  
499 Wild Hearts Rd.  
Cameron, SC

Presented by:  
Christy Plaice, LPC, MAC, CCT

## Summary

In a collaborative effort to inform and create understanding for mental health providers working with LGBTQI clients, this training brings clinicians, direct care staff, and providers together to learn the range of best practices. Participants will learn terms and concepts surrounding gender & sexuality, to communicate with compassion & respect, and impact of addiction & trauma. Barriers and concerns will be addressed when working with LGBTQI individuals - speaking on biases, challenges, respect, & support.

Employing adaptable interventions, expanding new up-to-date terms and exploring family resistance are all important when improving therapeutic skills.

As a part of the workshop, participants are invited to ask questions in order to explore what we are navigating in our offices, programs, & organizations.

## Objectives

- Define up-to-date terms & vocabulary within LGBTQI community (sexual orientation, gender identity, & gender expression) for 2022
- Gain awareness on the multi-layered 'coming out' process for LGBTQI individuals & imperative need for supportive language & connection
- Formalize & describe how our current legal system acknowledges gender & sexual orientation, challenges that occur, and impact to clients
- Name & specify how 3 forms of gender dysphoria impact safety intrapersonally & in public environments (for adolescents & adults)
- Identify & discuss how stereotypes & countertransference impact the clinical & therapeutic process with a client and family

### ATTENDANCE FEE

**\$45** | Lunch  
Included



FOR MORE INFORMATION, CONTACT: Crista Anderson · 678-779-2820 · [crista.anderson@summitbhc.com](mailto:crista.anderson@summitbhc.com) // Victoria Bird · 843-419-0999 · [victoria.bird@wprecoverycenter.com](mailto:victoria.bird@wprecoverycenter.com)



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