

CERTIFIED VETERAN READY HEALTHCARE PROGRAMS

Program details at individual facilities are customized and subject to change. Please talk with the Admissions Team to confirm the offerings at your preferred location prior to any treatment placement decision.



TACTICAL RECOVERY LOCATIONS

1. Fair Oaks - Sacramento, CA
2. Canyon Vista - Mesa, AZ
3. Cottonwood - Tucson, AZ
4. The Ranch at Dove Tree - Lubbock, TX
5. Stone River - San Antonio, TX
6. Great Oaks - Egypt, TX
7. Victory - Lafayette, LA
8. Twin Lakes - Monroe, GA
9. Willingway - Statesboro, GA
10. Waypoint - Cameron, SC
11. English Mountain - Sevierville, TN
12. Iron Bridge - Chester, VA
13. Safe Harbor - Portsmouth, VA
14. Farley Center - Williamsburg, VA
15. Sobriety Centers of NH - Antrim and Laconia, NH
16. Mountain Laurel - Westfield, PA
17. St. Joseph Institute - Port Matilda, PA
18. Wooded Glen - Henryville, IN
19. Anabranche - Terre Haute, IN
20. The Aviary - Eolia, MO
21. St. Gregory - Bayard, IA
22. Bel Aire - Bel Aire, KS

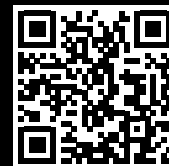


TacticalRecovery.com



Improve the lives we touch

Find a location near you.



MAKE RECOVERY YOUR NEXT MISSION



Tactical Recovery

Veteran & First Responder Support Services

We are honored to partner with the Department of Veterans Affairs Community Care Network, PsychArmor, Tricare, and Optum as Veteran-Ready programs.



Program Integrity

- ★ Diverse modalities
 - Evidence-based
 - Trauma-informed
 - Individualized
- ★ Clinical competency
 - Dual diagnosis treatment
 - Intentional staffing – Veterans, Military connected
 - Veteran/Active-Duty/First Responder focus
 - Ability to work with PTSD, MST, Trauma
- ★ Accessible
 - Capacity to work with veterans with varying mobilities
 - Service Dog/Emotional Support Animal-friendly
- ★ Military/Veteran Culturally Competent
 - Partnership with PsychArmor
- ★ Peer Support
 - Alumni engagement
- ★ Collaborative Partnership with VAs
 - Utilizing benefits so there are minimal out-of-pocket fees, co-pays, or deductibles
 - Keeping veterans connected: resources, appointments, etc.
 - Collective discharge planning
- ★ Advocacy
- ★ Immediate Availability
- ★ Multiple Locations and Models of Care
 - Over 23 locations across the country
 - Adventure/Nature-Based sites
 - Gender-Specific Programming
 - Primary Mental Health Options
 - Holistic Programming

What makes us different?
It's Personal, It Matters

Our Tactical Recovery Team is composed of:

- ★ Active-Duty Military Spouses
- ★ Veterans
- ★ Veteran Caregivers
- ★ Substance Abuse Counselors
- ★ Master Social Workers

Summit BHC's staff

80% have a close loved one who has served

220 military spouses on staff

100+ are parents of a service member

540+ grew up in military families



WHY CHOOSE TACTICAL RECOVERY?
BECAUSE YOU DESERVE MORE.

The Tactical Recovery program is based on the understanding that America’s Veterans, active military personnel, first responders, and their family members are the backbone of our country. We also know that these roles can have long-lasting, negative effects on the people who have served us all.

Depression, suicide, post-traumatic stress disorder (PTSD), and addiction rates have climbed in recent years for this population. While substance use and mental health treatment options may be available through standard providers, many individuals are reluctant to seek help because they don’t think medical professionals will understand their unique experiences and needs.

The Tactical Recovery program was created because very few addiction and mental health centers are genuinely qualified in understanding and treating Veterans. Far too often, Veterans do not receive the level of treatment they deserve from people who understand the full impact of their service.

Tactical Recovery understands, and our dedicated team members are committed to serving those who served.

Partnering with PsychArmor, a national nonprofit educational organization, the Tactical Recovery program provides a culturally-competent and trauma-informed environment for recovery and healing. We tailor care for each individual using evidence-based practices and holistic healing methods.

Once a client graduates from Summit BHC’s Tactical Recovery, our alumni programs will connect them with ongoing, appropriate resources in their hometown that will continue to support their needs for a lifetime.

Make recovery your next mission through one of our committed Tactical Recovery programs today.



PsychArmor

PSYCH/ARMOR® A nationally recognized nonprofit leader and preferred training provider for military cultural awareness. Powering learning journeys, from continuing education to customized training including online courses, podcasts, webinars, live speaking engagement, social media, and more. Organizations can collectively create impact and change that benefits outcomes for military, Veterans, and their families.

Trac9



As measurement-based care becomes more prevalent in healthcare and the need for an effective post-treatment follow-up program increases, we implemented Trac9 to offer an automated assessment plan.

Trac9 is a tool used in each of our facilities that leverages a series of standardized assessments to track clients’ success in treatment and predict potential relapse. Through a secure web app, Trac9 uses a series of assessments to identify changes in:

- Depression
- Anxiety
- Stress
- Cravings in response to visual cues
- Cravings in response to verbal cues
- Spirituality
- Commitment to sobriety
- Optimism
- Quality of life

- In addition to being measured on the above factors, we are given:
- Global Recovery Score - Compilation of all scores
 - Resilience - Compilation of commitment, optimism, quality of life, and spirituality
 - Pathology - Compilation of depression, anxiety, stress, visual cravings, and verbal cravings

The results allow us to optimize our treatment leading to positive, measurable outcomes.

ObservSMART

In order to maintain observation compliance and patient safety and ensure the highest quality of care to our clients, our facilities utilize ObservSMART technology. Staff use tablets synced with patented tamper-resistant wristbands to do their patient checks. Checks cannot be done unless the tech is within the prescribed distance of the patient. This ensures continuous monitoring of high-risk clients and keeps observers engaged with them.

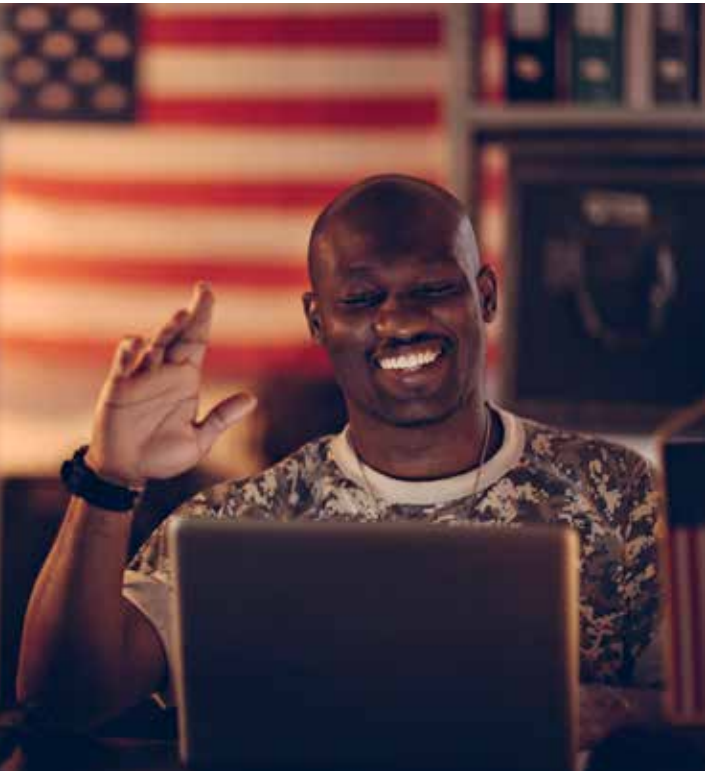
Individuals who completed a Tactical Recovery program experienced an improvement in quality of life by 93% and expressed an increase in overall optimism by 47%

Levels of Care

Detox and Residential Treatment Detox is the first step in any addiction treatment program, physically preparing the individual for the rest of the treatment process. Tactical Recovery provides a safe, structured environment for Veterans and first responders who are struggling with a substance use disorder or mental health concerns. Upon arrival, individuals will be evaluated and if detoxification is necessary, it will take place before they move to residential care. Clients reside at one of our peaceful, homelike facilities during treatment, receiving access to 24/7 care and support from a team of credentialed recovery professionals

Outpatient Treatment Tactical Recovery offers full continuum of services, providing an array of ongoing care support. In an outpatient level of care, you will continue your journey of recovery through the options of intensive outpatient programming and partial hospitalization programming. These levels of care create structured support that is needed in early recovery while also offering more independent living. As a segway treatment option, outpatient treatment will be considered as a part of your recovery journey.

Aftercare Support Tactical Recovery’s commitment to helping our clients doesn’t end after discharge from residential treatment. In fact, we begin building your aftercare plan as soon as you are admitted. Just as residential services are individualized to meet your unique needs, so are the plans for ongoing support. Your treatment team will research all possible support services in your home area and will connect you with appropriate resources that will guide you through long-term success. You will also be connected to an alumni group, composed of other peers who have walked the recovery journey alongside of you.



Bridge Care

When there isn’t current availability at a VA facility, but a veteran needs immediate help, our Bridge Care program can be the answer. With proper authorization, veterans can start receiving care at our Tactical Recovery program locations until services can be secured at a VA facility. This bridge can support veterans when they need help the most, and start them on the road to recovery sooner.

- Offered at all Tactical Recovery locations, Bridge Care provides:
- A temporary supportive environment where veterans can remain safe and sober
 - A veteran-centric approach offering trauma-informed care to include a variety of evidence-based practices, proven to be effective in treating the veteran population
 - Collaborative coordination with VA Medical Centers to ensure a safe bed-to-bed transfer
 - A staff of licensed clinicians and medical professionals
 - Additional comprehensive levels of care provided as necessary, including residential treatment and outpatient services
 - Medically monitored withdrawal management



NPI: 1689250532 Website: fairoaksrecoverycenter.com

Admissions: (916) 970-7221 Admissions Fax: (800) 858-6823

Location: 2221 Fair Oaks Blvd., Sacramento, CA 95825 | Less than 20 Minutes from Sacramento Airport

Levels of Care: 24/7 Medically Supervised Detox, Residential, Partial Hospitalization (PHP), Intensive Outpatient (IOP), and an Alumni community aftercare program.

Evidence-based Practices: Trauma-focused CBT, DBT, Motivational Interviewing, Relapse Prevention, Life Skills, Choice Theory, Seeking Safety, Acceptance & Commitment Therapy, Relationship Skills, Socialization & Interpersonal Skills, Anger Management, Recovery Management, Yoga, Mindfulness-based Approaches

Highlights: Mobility-friendly campus, ranch-style setting, quiet and private location, men and women's sauna, patios for outdoor recreation, Fitness center with weights & equipment



NPI: 1881120558 Website: canyonvista.com

Admissions: (480) 790-4888 Admissions Fax: (480) 834-5372

Location: 860 N. Center St., Mesa, AZ 85201 | Less than 30 Minutes outside of Phoenix, AZ

Levels of Care: Detox, Residential, PHP, IOP

Evidence-based Practices: 12-Step Programming, CBT, DBT, Motivational Interviewing, Mindfulness, Holistic Practices, Stress Management, Psychoeducation, Psychopharmacologic Therapy, Equine Therapy, Health and Wellness, Relapse Prevention, Dual Diagnosis Capable, Trauma-Informed Care, Male and Female Tailored Programs, Veteran Therapeutic Oversight, Physical Therapy, Reiki, and Cranial Sacral Therapy

Highlights: Mobility-friendly campus, holistic therapy, equine therapy, weekend outings, gender-specific process groups



NPI: 1407363195 Website: cottonwooddetucson.com

Admissions: (520) 581-7999 Admissions Fax: (520) 743-5288

Location: 4110 W. Sweetwater Dr., Tucson, AZ 85745 | Less than 30 Minutes outside of Tucson, AZ

Levels of Care: Detox, Residential, PHP, IOP, SLE

Evidence-based Practices: 12-Step emphasis throughout program, CBT, Mindfulness, HeartMath, Holistic Practices, Equine-Assisted Therapy, EMDR, Somatic Experiencing, 4-Day Comprehensive Assessment Program, Multidisciplinary Trauma-Centric Philosophy, Primary co-occurring curriculum to support the following: Eating Disorders, Substance Use Disorder, Mental Health, Trauma, Process Addictions and Mood Disorders, Comprehensive week-long family program

Highlights: MST services, mobility friendly campus, SLE/OP housing options available, nutritional consults, family immersion programming, nature hikes, equine-assisted services, process disorders, swimming pool, holistic wellness, rocks and ropes, spirituality services, yoga, expressive arts





NPI: 1578618393 **Website:** ranchatdovetree.com
Admissions: (806) 303-0111 **Admissions Fax:** (817) 310-1086
Location: 1406 Quinlan Street, Lubbock, TX 79403 | “The Hub of the Plains”
in West Texas
Levels of Care: Detox, Residential, PHP, IOP, SLE
Evidence-based Practices: First Responder Focus, Brainspotting, Capability to treat Secondary Process Disorders, 12-Step Programming, CBT, Mindfulness, DBT Skills, Contingency Management, Motivational Interviewing, Trauma-Focused Therapy, Evidence-Based Traditional Adult Program, Family Program Intensive, EMDR, Exposure Therapy, EAGALA Equine Therapy
Highlights: Gender-separate, mobility friendly campus, extended care sober living, nutritional consults, family immersion programming, equine-assisted services, process disorders



NPI: 157824525 **Website:** stoneriverrecovery.com
Admissions: (210) 762-5440 **Admissions Fax:** (979) 677-1055
Location: 8627 Lakeside Pkwy., San Antonio, YX 78245 | Located in south central Texas
Levels of Care: Detox, Residential, PHP, IOP
Evidence-based Practices: Eye Movement desensitization and reprocessing (EMDR), Cognitive-behavioral groups, Family therapy, Grief therapy, Accountability groups, Shame resilience, Narrative therapy, Motivational Interviewing, Relapse Prevention, 12-Step, Dialectic behavior therapy (DBT), Acceptance and commitment therapy
Highlights: Beautiful light-filled facility with library, gourmet teaching kitchen, theatre room, and billiards room. Specialized Path of Honor Veteran program and Trac9 assessment for measuring client outcomes.



Primary



NPI: 1649606997 **Website:** greatoaksrecovery.com
Admissions: (713) 347-1227 **Admissions Fax:** (979) 677-1055
Location: 11210 FM 102, Egypt, TX 77436 | Less than 1 Hour outside of Houston, TX
Levels of Care: Detox, Residential, PHP
Evidence-based Practices: 12-Step Programming, CBT, DBT Skills, Motivational Interviewing, Psychoeducation, Relapse Prevention, Trauma work, Wellness work, Reintegration work, Return to Work Program, Dual Diagnosis, Equine Therapy (once per week-offsite), MAT (Medication-Assisted Treatment) with Vivitrol only
Highlights: Gender-separate, family immersion program, equine-assisted services, trauma-informed yoga, exercise and wellness activities, basketball, volleyball, meditation practices, lush 50-acre campus



NPI: 1932517653 **Website:** myvictorycenter.com
Admissions: (377) 279-0008 **Admissions Fax:** (337) 456-9131
Location: 111 Liberty Ave., Lafayette, LA 70508 | 1 Hour outside of Baton Rouge, LA
Levels of Care: Detox, Residential, PHP, IOP, SLE
Evidence-based Practices: 12-Step Programming, CBT, DBT, EMDR, REBT, Mindfulness, Family Systems, Specialty Programming: Professionals Program, Comprehensive Family Program, Spirituality, Meditation, Yoga, Dual Diagnosis, Co-Occurring Capable
Highlights: Nutritional consults, family immersion programming, yoga, experiential outing groups to focus on relapse prevention, strong sponsorship connections





NPI: 1235686833 Website: waypointrecoverycenter.com

Admissions: (854) 204-1888 Admissions Fax: (854) 444-5210

Location: 499 Wild Hearts Road, Cameron, SC 29030 | About 1 Hour outside of Charleston, SC

Levels of Care: Detox, Residential, PHP, IOP

Evidence-based Practices: 12-Step Facilitation, Motivational Interviewing, CBT, Yoga, Meditation, Mindfulness-Based Therapy for Relapse Prevention and Trauma, Individualized Therapy Sessions, Process Group Therapy, Medication-Assisted Treatment, DBT, Weekend Family Program, Dual Diagnosis, Equine therapy, Goat Yoga, Recreation Program featuring on and off-campus activities

Highlights: Family immersion programming, nature hikes, equine-assisted services, fishing, 58 acres located on a beautiful and secure property



NPI: 1245776848 Website: englishmountain.com

Admissions: (865) 895-5755 Admissions Fax: (865) 774-9997

Location: 1096 Alpine Dr., Sevierville, TN 37876 | Less than 1 Hour outside of Knoxville, TN

Levels of Care: Detox, Residential, PHP, IOP

Evidence-based Practices: 12-Step Programming, CBT, Mindfulness, EMDR, Family Program, Trauma Program, Creative Arts, Music Therapy, Equine-Assisted Therapy, Experiential Programming, Spirituality, Chronic Relapse, Relapse Prevention, Co-occurring Capable

Highlights: Gender-specific treatment model, family immersion programming, nature hikes, equine-assisted services, full gym access, sports court, swimming pool, outdoor labyrinth, mini golf course



NPI: 1740654920 Website: twinlakesrecoverycenter.com

Admissions: (770) 637-1188 Admissions Fax: (770) 266-3738

Location: 398 Highway 11 SW, Monroe, GA 30655 | Less than 1 Hour outside of Atlanta, GA

Levels of Care: Detox, Residential, IOP

Evidence-based Practices: 12-Step Programming, CBT, DBT Programming, Mindfulness, Trauma-Informed Approach, Experiential Therapies, Animal-Assisted Therapy with miniature Highland cows, Specialty in working with personality disorders, Expressive Art Therapy, Co-occurring capable, Accelerated Resolution Therapy (ART)

Highlights: Family immersion programming, fishing, therapy cows (Maverick and Goose), therapy goats (Stevie and Knicks), located on 35 acres surrounded by a serene lake setting



NPI: 1174682546 Website: willingway.com

Admissions: (912) 513-5778 Admissions Fax: (912) 489-1700

Location: 311 Jones Mill Rd., Statesboro, GA 30458 | Less than 1 Hour outside of Savannah, GA

Levels of Care: Detox, Residential, PHP, IOP, SLE

Evidence-based Practices: First Responder Facility, Combat Trauma Process Groups, Focus on 12-Step Programming, CBT, Mindfulness, REBT, Psychoeducation, Chronic Relapse, Extended Treatment Services for both men and women

Highlights: Extended care sober living, veteran-dedicated living arrangements, over 54 years of providing services for substance use and mental health treatment



NPI: 1063732717 **Website:** stjosephinstitute.com
Admissions: (814) 250-3773 **Admissions Fax:** (814) 692-4485
Location: 134 Jacobs Way, Port Matilda, PA 16870 | Less than 20 Minutes from State College, PA
Levels of Care: Detox, Residential, PHP

Evidence-based Practices: First Responder focus, 12-Step Programming, Holistic Therapies, Emotional Regulation, Weekly Family Programming, Specialty Programming: Chronic Pain Management Program, CBT/Relapse Prevention, Body Work, Physical Therapy, Yoga, Christianity/Spirituality Programming

Highlights: 62-acre mountainside campus with miles of hiking trails, tennis courts, basketball courts, fully equipped gym, equine therapy, spa and wellness center, resistance pool, hot tub, sauna, log and stone lodges, a chapel, amphitheater, and a library



NPI: Antrim (IP): 1376088724 Lakes (OP: 1609519420 **Website:** sobrietycentersofnh.com
Admissions: (603) 550-7888 **Admissions Fax:** (603) 632-3622
Location: Detox & Residential: 55 Main Street, Antrim, NH 03440
Outpatient: 350 Court Street, Laconia, NH 03246
Levels of Care: Detox, Residential, PHP, IOP

Evidence-based Practices: CBT, DBT Skills, Motivational Interviewing, Psychoeducation, Relapse Prevention, MAT (Medication-Assisted Treatment), Seeking Safety, Strengths based therapy

Highlights: Individualized care in a serene setting throughout the entire continuum. Continuous collaboration between inpatient and outpatient locations provides a seamless transition. Recovery Mountain offers a robust wellness facility specifically for Veterans and First Responders, featuring a confidence course, weight gym, indoor turf field, and batting cages.



NPI: 1407220791 **Website:** mountainlaurelrecovery.com
Admissions: (814) 250-9888 **Admissions Fax:** (814) 367-2016
Location: 355 Church St., Westfield, PA 16950 | Less than 1 Hour from Corning/Elmira, NY
Levels of Care: Detox, Residential

Evidence-based Practices: 12-Step Programming, CBT, DBT Skills, Mindfulness, Motivational Interviewing, Specialty Programming: EMDR, Trauma-Informed Care, PTSD and Significant Trauma Treatment, SMART Recovery, Yoga, Living In Balance®, Seeking Safety

Highlights: 25+ acres in the beautiful mountains of Tioga County, service dogs welcomed, equine therapy, yoga, martial arts, fully equipped gym, ecotherapy, massage therapy, designated Veteran/First Responder accommodations, Veteran-specific groups





Farley
Center

NPI: 1063580710 Website: farleycenter.com

Admissions: (757) 655-8077 Admissions Fax: (804) 533-0538

Location: 5477 Mooretown Rd., Williamsburg, VA 23188 | Less than 10 Minutes from Colonial Williamsburg

Levels of Care: Detox, Residential, PHP, In-person and Virtual IOP

Evidence-based Practices: 12-Step Programming, CBT, DBT, Mindfulness, EMDR, Activity in Recovery, PTSD and Trauma-Informed Care, Equine Therapy, Small Group, Monitored Professionals Program, Military Support, Relapse Prevention, Gender-Specific Programming, Spirituality, Recreational Therapy, Professional Peer Support, Motivational Interviewing, Family Therapy, Nutrition Groups, Brainspotting

Highlights: Spacious and serene residences with a kitchen, living area, private bath, and washer/dryer; Mindful Movement - a walking meditation; Music Therapy; Bookstore, Professionals track, Active duty track



NPI: 1033801279 Website: ironbridgerecovery.com

Admissions: (804) 280-1888 Admissions Fax: (877) 940-2573

Location: 6701 Court Yard Road, Chester, VA 23831 | In the heart of Richmond, VA

Levels of Care: Detox, Residential, PHP, IOP

Evidence-based Practices: 12-Step Programming, CBT, DBT Skills, Motivational Interviewing, Psychoeducation, Relapse Prevention, Trauma Informed, Yoga Therapy, Dual Diagnosis, MAT (Medication-Assisted Treatment) with Vivitrol, Suboxone, Subutex

Highlights: Gender separate, Exercise and wellness activities, Basketball, Volleyball, Meditation practices, Dietary Services on site including Registered Dietician



NPI: 1376059097 Website: safeharborrecovery.com

Admissions: (757) 586-4550 Admissions Fax: (757) 793-2336

Location: 2700 London Blvd., Portsmouth, VA 23707 | Less than 10 Miles outside of Norfolk, VA

Levels of Care: Residential, PHP, IOP

Evidence-based Practices: CBT, DBT, DBT Skills, Motivational Interviewing, Mindfulness, 12-Step Programming, Experiential Therapy (Art), Spirituality, Psychoeducation, Group Therapy, Life Skills, Communication Skills, Relapse Prevention, Recreational Therapy, Music Therapy, Peer Support Specialists

Highlights: Whole-person wellness with weekly yoga, nutrition education, on-site gym equipment, Equine Therapy, Neurofeedback Services, Gorski Relapse Prevention Curriculum



NPI: 169035232 Website: woodedglen.com
Admissions: (930) 205-4222 Admissions Fax: (502) 214-5987
Location: 2602 Hebron Church Rd., Henryville, IN 47126 | Less than 30 Minutes outside of Louisville, KY
Levels of Care: Detox, Residential, PHP, IOP
Evidence-based Practices: EMDR, CBT, DBT, DBT Skills, Motivational Interviewing, Mindfulness, 12-Step and AA meetings in-house two to three times per week, AA/NA, Family Therapy, Psychoeducation, Group Therapy, Life Skills, Communication Skills, Relapse Prevention, Seeking Safety, Smart Recovery
Highlights: 500+ wooded acres, wildlife, covered bridge, lake, resort-like setting, specializes in MST with gender separated programming



NPI: 1700452992 Website: anabranchrecovery.com
Admissions: (812) 413-9500 Admissions Fax: (812) 898-5150
Location: 1400 E. Crossing Blvd., Terre Haute, IN 47802 | Less than 1 Hour outside of Indianapolis, IN
Levels of Care: Detox, Residential, Virtual IOP
Evidence-based Practices: Trac9, Peer Support Trained Staff, CBT, Mindfulness, DBT Skills, Motivational Interviewing, Psychoeducation, Aftercare Planning, Communication Skills, Anger Management, Relapse Prevention, Seeking Safety, Individualized Therapy Sessions, Process Group Therapy, Medication-Assisted Treatment
Highlights: Exercise programming, mindfulness, life skills, and psychoeducation



NPI: 1356875678 Website: aviaryrecoverycenter.com
Admissions: (573) 527-2070 Admissions Fax: (636) 660-0996
Location: 22933 US-61, Eolia, MO 63344 | Less than 1 Hour outside of St. Louis, MO
Levels of Care: Detox, Residential, PHP, IOP, SLE
Evidence-based Practices: 12-Step Programming, CBT, DBT Skills, EMDR, Mindfulness, Trauma-Informed Approach, Equine Therapy, Medication-Assisted Treatment, Co-occurring Capable, Solution-Focused Brief Therapy (SFBT)
Highlights: 100 beautiful acres of nature preserve featuring two lakes, walking trails, bird feeders, and a covered bridge; health and wellness groups





NPI: 1073096558 Website: belairrecovery.com

Admissions: (316) 333-0888 Admissions Fax: (316) 239-6051

Location: 4969 N. Tierra Lakes Pkwy., Bel Aire, KS 67226 | Less than 10 Minutes outside of Wichita, KS

Levels of Care: Detox, Residential, IOP, PHP

Evidence-based Practices: Brain-based Therapy, Mindfulness, EMDR, Neurocounseling, Narrative Therapy, CBT, DBT, Spirituality, Experiential Therapy, 12-Step Integrative, Accelerated Resolution Therapy

Highlights: Nutritional consults, spirituality services, fishing, exercise programming, mindfulness-based services, art, music, meditation, anger management services, virtual reality therapy



NPI: 1144700485 Website: stgregoryctr.com

Admissions: (712) 800-7778 Admissions Fax: (515) 217-4745

Location: 601 2nd Street, Bayard, IA 50029 | 1 Hour from Des Moines, IA

Levels of Care: Medically-supervised Detox, Inpatient Residential, Intensive Outpatient (IOP)

Evidence-based Practices: 12-Step Alternative curriculum, CBT, CPT, Motivational Interviewing, Relapse prevention, SMART recovery, Meditation and Mindfulness, Spiritual growth, Art therapy, Music therapy, Nature-based outings, Equine therapy

Highlights: Full Rec Center with sauna, weight room, basketball courts, and cardio machines. Our faciity includes semi-private suites with bathrooms. We also provide the following recreational options: Sand Volleyball, Game Tables, Disc Golf, Basketball, Football, Baseball, 2-story Rec Center with Sauna, Musical Instruments



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